To prepare students to be 21st century global citizens by establishing a positive trajectory for success through a rigorous curriculum and a comprehensive educational experience.

### 2023-2024 BELL SCHEDULE

<table>
<thead>
<tr>
<th>Regular School Day</th>
<th>PLC Schedule – 8/30, 9/13, 10/11 11/8, 12/13, 1/10, 2/14, 3/13, 4/10, 5/8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Period 1</td>
<td>8:45 – 9:42</td>
</tr>
<tr>
<td>Nutrition</td>
<td></td>
</tr>
<tr>
<td>Period 2</td>
<td>9:49 – 10:46</td>
</tr>
<tr>
<td>Lunch</td>
<td>11:53 – 12:23</td>
</tr>
<tr>
<td>Period 4</td>
<td>12:28 – 1:25</td>
</tr>
<tr>
<td>Period 5</td>
<td>1:30 – 2:27</td>
</tr>
</tbody>
</table>

### SAY SAN DIEGO
Are you feeling overwhelmed, stressed, or uncertain about your mental health? You're not alone. There is a resource to help you navigate through these challenges and find the support you need to thrive. SAY San Diego is a free program offering short-term mental health services, that provide individual and family therapy services tailored specifically for Madison High School students. Our licensed therapist provides a safe, confidential space where you can express yourself, explore your emotions, and develop coping strategies to navigate life's ups and downs. Therapy is offered in person or through zoom during the school year and the summer. You do not have to be enrolled into summer school to receive services. If you could benefit from professional support, don't hesitate to reach out to your counselor to get referred to SAY San Diego's mental health services.

### FOOTBALL SPRING BALL
Spring ball starts TODAY, Tuesday May 14, we will practice Tuesday, Wednesday and Thursdays for three weeks! If you plan on playing in the fall the expectation is that you will be there for spring ball! Practice starts at 4!

### YEARBOOK
Have you bought your yearbook yet? Distribution is less than 2 weeks away and nobody ever regrets buying a yearbook. We have a few copies still available, get yours before they sell out! Scan a QR code around campus or visit jostens.com to make your purchase online. See Ms. Barker in 701A with any questions.

### PING PONG
Back by popular demand.....another Madison Ping Pong Tournament! This time it's a doubles tournament with partners randomly chosen! The WINNING PRIZE depends on the number of people who sign up, so encourage your friends to play! Come to the NEST on May 20 with $10 to join the First Annual Doubles Battle for the Paddle!

### POSITIVITY TREE
Wed, May 22 TMHH and SWEAR club are hosting a positivity tree event and rock painting in the quad. Come take a note to help you through the day or leave a note for someone who is having a hard day.
| MENTAL HEALTH AWARENESS MAY 20-24 | May is Mental health awareness month and we are having a mental health spirit week May 20-24.  
Mon-Wear green  
Tues-Inside out clothes  
Wed-jersey day  
Thurs-twin day  
Fri-PJ day. |
| IMIN TUTORING SCHEDULE | Attention Warhawk students, lets finish off the year strong with tutoring. See below for tutoring availability.  
**IMIN before school tutoring with para educators**  
Mon – Thurs 8:00 - 8:40am in the library  
**After-school tutoring with Hey Tutor**  
Mon - Thurs 3:30 - 4:30pm in room 709  
Friday 3:30 - 4:30pm in the library  
**IMIN after-school tutoring with Mr. Gysin**  
Mon – Thurs in room 709 |
| MULTICULTURAL FESTIVAL | **CELEBRATE YOUR HERITAGE AT THE MADISON MULTICULTURAL FESTIVAL!!!**  
Friday, May 17th (rally event)  
If you or your club would like to participate in the event, please fill scan the QR code and complete the google form.  
(Examples: flag procession at the beginning, a dance during the festival rally, etc…)  
We will be reaching out to you soon! |
| CLASS CODES | Class of 2024 7dmxgsz  
Class of 2025 5wy5zgb  
Class of 2026 eqokrse  
Class of 2027 vxjvczu |
| COUNSELOR DISTRIBUTION | Mrs. Guerra A – G X 3034  
Mrs. Colon H – N X 3035  
Mrs. Sphonix-Rust O – Z X 3037 |