



OCTOBER

Elementary Lunch Menu



Lunch Includes:

FRUIT, VEGETABLE, AND
CHOICE OF MILK

Served Daily

Kickin Chicken Nuggets w/
Goldfish Crackers

Plant-Based Nuggets w/
Goldfish Crackers & Roll

Garden Salad
*with or w/out chicken

ALL GRAINS ARE WHOLE GRAIN RICH!

ALL STUDENTS
EAT FREE!

CHECK OUT OUR
NEW MENU
ITEMS!

MONDAY

2 Spaghetti w/Meat Sauce & Garlic Knot
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

TUESDAY

3 Turkey & Cheese Hoagie
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

WEDNESDAY

4 Mini Corn Dogs
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

THURSDAY

5 Crispy Chicken Sandwich
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

FUN FRIDAY!

6 Cheesy French Bread w/
Marinara
HAWAIIAN! or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

October 9-13 National School Lunch Week!

9 Teriyaki Chicken w/Rice &
Steamed Broccoli
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

10 Nachos w/Fresh Salsa
BERRY BERRY SLUSH DAY!
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk



11 Crispy Chicken Drumstick w/
Cornbread Muffin
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

12 Mini Cheeseburger Twins
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

13 Chicken & Cheese Quesadilla
w/Fresh Salsa
HAWAIIAN! or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

16 Macaroni & Cheese w/ Garlic Knot
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

17 Bean & Cheese Burrito
Fresh Fruit & Veg
1% White Milk or
Nonfat Chocolate Milk

18 Mini Corn Dogs
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat Chocolate
Milk

19 Crispy Chicken Sandwich
Fresh Fruit & Veg
1% White Milk or Nonfat Chocolate
Milk

20 BBQ Rib Sandwich
HAWAIIAN! or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

23 Orange Chicken w/Rice &
Steamed Broccoli
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

24 Crunchy Turkey Taco w/Fresh
Salsa
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

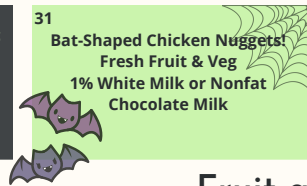
25 Famous Turkey Hot Dog
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

26 **BIRTHDAY**
Cheeseburger or Hamburger
CELEBRATION COOKIE!
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

27 Turkey & Gravy w/Mashed
Potatoes & Roll
HAWAIIAN! or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

30 Spaghetti w/Meat Sauce & Garlic Knot
Pepperoni or Cheese Pizza
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk

31 Bat-Shaped Chicken Nuggets!
Fresh Fruit & Veg
1% White Milk or Nonfat
Chocolate Milk



10/10 - TASTY TUESDAY BERRY BERRY SLUSH!

10/26 - OCTOBER BIRTHDAY'S CELEBRATION COOKIE!

Fruit and Vegetable Offerings

Dried Apple Crisps
Steamed Broccoli
Baby Carrots

Seasonal Fruit
Steamed Corn

Banana
Tater Tots
Baby Carrots

Seasonal Fruit
BBQ Baked Beans
Baby Carrots

Apples Slices
Green Beans