

Is my child too sick to attend school?

A quick reference guide to help decide if you should send your child to school or keep them home

Please report any positive case of COVID-19 or exposure to someone with COVID-19 to the District: email covid19reporting@djUSD.net

Students/staff with any of the following symptoms should stay home and be tested for COVID-19, regardless of vaccination status: fever, chills, new onset of body/muscle aches, cough, shortness of breath, congestion or runny nose, sore throat, nausea, vomiting, diarrhea, headache, fatigue, and/or new loss of taste or smell



If your child tests negative for COVID-19 but **has any of the following symptoms of illness**, please keep them home per the following guidance:

- **FEVER:** If your child has a fever 100.4° F or more, keep them home. They may return to school after being fever-free, without medicine, for 24 hours.
- **DIARRHEA/VOMITING:** Keep your child home for 24 hours from the last episode WITHOUT medicine.
- **COUGH:** A child with heavy cold symptoms, such as deep or uncontrollable coughing or significant lack of energy, belongs at home even without a fever.
- **RUNNY NOSE:** Students with a constant runny nose, especially if it is not clear, and cannot maintain themselves need to stay home.



- **SORE THROAT:** Keep a child at home and contact a medical provider for a severe sore throat or if white spots are in the back of the throat, with or without a fever.
- **PINK EYE:** Keep at home until evaluated by a medical provider.
- **RASH:** Do not send a child with a rash to school until a medical provider has said it is safe to do so – especially with additional symptoms like itching, fever or appearing ill.
- **FLUID-FILLED BLISTERS OF UNKNOWN ORIGIN:** It is important to have these symptoms evaluated by a medical provider because infection can lead to serious complications.

